



2022

MENTAL HEALTH WELLNESS AND THE RIPPLING EFFECT OF COVID-19

TARGET AUDIENCE:

General public workers,
Frontline workers, Clergy, First
responders, Educators, Law
enforcement, and Healthcare
workers



Registration Required for All Participants:

2 hour online workshop dates (NOTE: These events are not
published)

April 6th 11 am to 1 pm <https://www.eventbrite.com/e/220022933517>

April 26th 6 pm to 8 pm <https://www.eventbrite.com/e/220036072817>

April 30th 9 am to 11 am

<https://www.eventbrite.com/e/220076975157>

FIND MORE INFORMATION AT:

[https://www.vdh.virginia.gov/emergency-preparedness/cbers-2022-
mental-health-the-rippling-effects-of-covid-19/](https://www.vdh.virginia.gov/emergency-preparedness/cbers-2022-mental-health-the-rippling-effects-of-covid-19/)

CONTACT: Adreania.tolliver@vdh.virginia.gov